

THE LINE METHOD

FIVE STAR REVIEWS



A

Adam Jachimowicz
5 reviews
★★★★★

Eva is a fantastic teacher. She is fun, yet pushes you to get a lot out of each session. I really appreciate her positive attitude and cheerful demeanor. I always look forward to sessions with her because I know I will feel great afterwards.



Beverly Schwartz
3 reviews
★★★★★

I can't say enough wonderful things about Eva and The Line Method. In the 3 years Eva and I have been working together my hip pain has disappeared, my balance has improved dramatically and I no longer have to lean on a wall when I put my pants on! (Awesome!) Her studio is serene and peaceful which makes it easy to focus on what you are doing. Plus, Eva is an amazing diagnostician. She can figure out what connects to what and how to design both in-studio and at home exercises to work out the body glitches and pains. With Eva's help, I've learned a lot about my body and find it empowering to know how to heal myself at home as well as with her in studio.

L

Lisa McCune
1 review
★★★★★

Phenomenal experience, very talented instructor and overall a wonderful person. Eva's personal classes had been a much overdue addition to my back rehab process and getting back in shape. The only exercise I have been able to stick to consistently. Love the online scheduling!



Bruce Milton
4 reviews
★★★★★

Working with Eva has been phenomenal. She's truly helped me improve and achieve the goals we set out in the beginning: stronger core, more flexibility, and helping with some neck/range of motion problems I've had. I can tell a noticeable difference and I highly recommend her to help you achieve your goals.

S

Sabina Javits
7 reviews
★★★★★

I've had some Reformer experience at different studios but Eva makes it a very productive and unique experience! Her positive attitude, boundless energy and independent approach are harnessed into tailored sessions that work various "problem" areas. Eva is a creative teacher as well as a good listener. She knows how to make each session challenging and results-oriented but also fun.



Jane Bruner
1 review
★★★★★

Eva and I have been working on posture and mobility. I have been delighted by the progress we have made in such a short time. Frankly, it just feels good to do the work! Eva pushes hard, but rewards in kind with the invigorated encouragement. Sessions are always punctual, energetic and fun! I also enjoy her online content, which give me guidance and incentive to continue my own movement throughout our off days. Seeing how hard she works shows me that I can always carve out a few minutes each day to move in a way that feels right for me in that moment.

M

Michael Melchiorre
1 review
★★★★★

Eva sincerely cares about her clients. The Line Method is a very rare find in the world of fitness. I would not work with anyone else.



Pawan Chadha
4 reviews
★★★★★

Eva does a great job of listening and customizing a program to address your goals and needs.



Patricia I. Vásquez
2 reviews
★★★★★

Eva is a fantastic teacher. I have been training with her for several years now, twice weekly. I never get bored and I can feel the improvements in my body. She is constantly making sure the class is enjoyable and varied. She is also a delightful person.



Nora Lustig
1 review
★★★★★

Eva is a truly outstanding instructor. Muscle tone, flexibility, balance, and looks have improved tremendously since I started. She is also a delight at the personal level. I recommend her classes very highly.

W

Wendy Jacobson
1 review
★★★★★

Eva is a fantastic instructor. Her classes work all parts of the body deliberately and with great care. Her energy is so positive, making the classes fun and engaging.

R

Roxana Geffen
1 review
★★★★★

Eva is a fantastic teacher: knowledgeable, empathetic, encouraging and fun. I have done Pilates for 20 years and Eva is one of the best teachers I've worked with. I wholeheartedly recommend her and the Line Method!



Bruce Milton
2 reviews
★★★★★

Having never done anything like Pilates and movement, I didn't know what to expect from sessions with Eva. My goals were to gain more flexibility, strengthen my core, and improve my neck flexibility from an old, chronic injury. I gained all that and more! I truly feel my sessions with Eva gave me energy, flexibility and a vitality I didn't have previously. I HIGHLY recommend giving her a try and you won't be disappointed with the results. I can't thank her enough.



Matthew Neal Miller
2 reviews
★★★★★

Eva is amazing!!!! I love Eva's strength and cardio classes, plus Eva helps me with great nutrition counseling.

R

Richard Steinert
1 review
★★★★★

I've been training with Eva for more than a year. Words cannot express the gratitude I have for her. She transforms your body and your life. I'm stronger, more flexible and more healthy in mind and body. No session is the same. Guaranteed results! She is five star in transformation.



Madeleine Watkins
2 reviews
★★★★★

I loved my session with Eva! She continually corrected my form, made sure I was doing everything correctly, and definitely challenged me! Her session was a great addition to my strength training. Highly recommend!



Dr. Hanisha Patel
3 reviews
★★★★★

Eva is a phenomenal teacher and exactly what I needed during the quarantine. Grateful to have found her!

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